

MEDIA KIT

Spencer A. Barry — one page for the room.



Spencer A. Barry

Inner peace under pressure. From the highest peaks to the darkest valleys.

Spencer Animashaun Barry takes a room from his greatest heights to his deepest valleys, then hands back something it can use the same afternoon: how to stop reacting from emotion and live from unshakable calm — in traffic, in conflict, under pressure, in the decisions that shape a life.

This is not an escape from reality. It is a way of showing up fully, strong, and centred.

THEMES

Inner peace under pressure

From peak to valley — a personal arc

Calm in conflict and difficult decisions

Presence in public work

FORMATS

Keynote

Workshop

Preparation call included with every booking

BOOKING

Keynotes and workshops are booked only through Athenas. Investment on request. Direct requests to the house cannot confirm a date.

athenas.nl

TECHNICAL

Stage, language (EN / NL), and AV on request through Athenas. A preparation call meets the room as it is — not with a generic script.

THE 16TH OF JULY · SPENCER & KATERINA BARRY